## MILFORD FAMILY RESOURCE CENTER

## <u>The Infant and Toddler Times</u>

Dates to Remember JUDY LOBDELL, EDITOR

**June 2018** 

### The Changing Role of Fathers

Today's father is no longer always the traditional married breadwinner and disciplinarian in the family. He can be single or married; externally employed or stay-at home; gay or straight; an adoptive or step-parent; and a more than capable caregiver to children even if the children are facing physical or psychological challenges. Families from all ethnic backgrounds suggests that fathers' affection and increased family involvement help promote children's social and emotional development. (APA.org)

In *Six Facts about A merican Fathers*, Kim Parker and Gretchen Livingston outline some key findings about the changing roles of fathers:

- 1. Dads see parenting as central to their identity. Some 57% of fathers say this, compared with 58% of mothers.
- 2. Dads are much more involved in child care than they were 50 years ago. In 2015, fathers reported spending, on average, seven hours a week on child care almost triple the time they provided back in 1965. Dads are also less positive about their own parenting than are moms. Just 39% of fathers say that they are doing a "very good job" raising their children, compared with 51% of mothers.
- 3. It's become less common for dads to be their family's sole breadwinner. About a quarter of couples (27%) who live with children younger than 18 are in families where only the father works, as opposed to 47% in 1970.
- 4. Work-family balance is a challenge for many working fathers. Just like mothers, many of today's fathers find it challenging to balance work and family life. About half of working dads (52%) say it is very or somewhat difficult to do so.
- 5. Despite changing gender roles, many still perceive mothers as better equipped than fathers to care for children. When it comes to caring for a new baby, 53% of Americans say that, breast-feeding aside, mothers do a better job than fathers.
- 6. Seven-in-ten adults say it's equally important for new babies to bond with their mother and their father. About one-fourth (27%) say it's more important for new babies to bond with their moms, and 2% say it's more important for new babies to bond with their fathers. Women are slightly more likely to say that it's important for new babies to bond with both parents (74% vs. 68% of men).

Additionally, among those who took time off to care for a new baby in the past two years, fathers took a median of one week off from work for this reason, compared with a median of 11 weeks for mothers. One factor that might contribute to this gender difference: about half of adults (49%) say employers put more pressure on fathers to return to work quickly after the birth or adoption of a new child, while 18% say employers put more pressure on mothers. One-third say employers pressure mothers and fathers about equally.

With this thought in mind, changing the expectation for fathers to take paternity leave was found to have a positive impact at home. Dr. Rosalind C. Barnett of Brandeis University and Caryl Rivers of Boston University in "The changing role of fathers", reference a longitudinal analysis of children in America, Australia, Britain, and Denmark that noted fathers in all countries who had taken leave were more likely to pitch in than others, and as their families grew, far more likely to be involved with day to day involvement such as reading to their children. Ultimately, paternity leave appears to foster many good parenting behaviors and skills for both moms and dads and their children right from the start. (*Barnett & Rivers*)

For further information visit: https://www.bostonglobe.com/ideas & http://www.pewresearch.org/fact-tank/2017/06/15/fathers-day-facts/

⊇@Happ Father's ∞® Dav

June

**3rd.** Touch A Truck (see page 3)

4th -8th. Last week of Playgroup

9th. Duck Race (see page 7)

17th. Celebrate Father's Day

**21st.** First Day of Summer

**26th.** Pancakes for Parkinson's (see page 6)



#### Нарру Summer

July 4th.Independence Day

**10th-12th.** First week of Summer Days

The Milford Family Resource Center @Mathewson School 466 West River Street Milford, CT 06461 (203)783-3626 mfrc@milforded.org

Milford Family Resource Center Staff:: Program Manager: Peggy Kelly Parent Educators: Kathy Aspinwall Judy Lobdell Anne Mundy Registration open for Summer Days 2018 Our Summer program begins the week of July 10th and ends the week of July 31st. If you are registered for this program you will receive an email, noting your day. The class runs from 9:30 - 11AM for one day a week.

The first hour is devoted to free play and arts and crafts. We then regroup for some standup songs in the playroom and then head out for some outdoor fun on the playground. If you have not signed up for this program and would like to join us, you can call 203 783-3626 or email mfrc@milforded.org









The Junior Women's Club of Milford Presents

"Touch A Truck" June 3rd **Eisenhower Park** 11AM- 3PM (Quiet Hour 11-12) **\$5.00 per person/\$7.00 at gate** (visit Facebook page for presale tickets) (under 2 free) RAIN or SHINE

# Kiddie Korner Reunion

Kiddie Korner Nursery School has been in business in Milford for 35 years. Director Peggy Bruno is planning to celebrate this landmark occasion by having a 35<sup>th</sup> Anniversary/All-Class Reunion!

The Reunion will be held at the hall of United Church of Christ in Devon, at <u>30 Ormond Street</u>, on the evening of Wednesday, June 13, 2018. It will take place immediately following the completion of our annual graduation ceremony.

From 6:30 to 7:30, we will open the doors for all alumni and their families who would like to stop in for some refreshments and to see the teachers and maybe share some memories. You can even bring photos and/or your school collage with you, if you like.

If you plan on attending, please call Ms. Peggy at 203-874-7703, or email her at <u>pegbruno@optonline.net</u> to give her an estimate of how many people may be attending.



Kids Count of Milford celebrated its annual Harborlight Happening at the Milford Yacht Club on May 10, 2018. Below see photos of generous supporters. Thank you to all!



## SAVE THE DATE: for the final Pancakes for Parkinson's Event Tuesday, June 26, 2018 Chip's Family Restaurant 321 Boston Post Road, Orange

Over the past 9 years, Jody and Vince Culmone have dedicated their efforts to support the Michael J. Fox Foundation. TEAM Fox has raised \$89,000 all of which has been donated to the MJF Foundation. This year the goal is \$11,000 to reach \$100,000!

Tickets are \$12.00. Seatings: 4:00, 5:00, 6:00 and 7:00 For further information, email Peggy Kelly: pkelly@milforded.org



Jody Culmone and Michael J. Fox



UNITED WAY OF MILFORD & WOODRUFF FAMILY YMCA SAVE THE DATE! JUNE 9TH, 2018 (PIRATE WEEKEND) 12:00 NOON MEMORIAL BRIDGE

Inca

**PRESENT THE:** 



## \$5.00 PER DUCK TO PURCHASE YOUR DUCKS VISIT MilfordDuckRace.com

For more information contact United Way -203-874-6791 or Woodruff Family YMCA at 203-878-6501