

MILFORD FAMILY RESOURCE CENTER

The Infant and Toddler Times

JUDY LOBDELL, EDITOR

July 2021

Dates to
Remember

July

4th. Celebrate
Fourth of July



July 1
4th Of July Fireworks
2021 In Stratford

July 2
4th Of July Fireworks
2021 In Shelton

July 3
4th Of July Fireworks
2021 In Trumbull

July 4
4th Of July Fireworks
2021 In New Haven

**The Milford Family
Resource Center
@Fannie Beach
Community Center
Milford, CT 06460
(203)783-3626
mfrc@milforded.org**

**Milford Family Resource
Center Staff:**
Program Coordinator:
Elizabeth Gaffney
Parent Educators:
Kathy Aspinwall
Judy Lobdell
Anne Mundy

summer Days 2021

Come join us for **FREE**
outdoor fun including playground time, crafts, water play,
bubbles, easel painting, interactive circle time and more!
at the Fannie Beach Community Center!



Our playgroups are held on
Tuesday, Wednesday and Thursday,
from 9:30 - 10:30 AM and run
from June 29th - August 5th.

If you are a Milford resident with a 1-4 year old
and would like to participate in one of our programs
or need further information, please email us at
mfrc@milforded.org



FYI: Here is a link to the Milford Community Connection at Pumpkin Delight.
<https://sites.google.com/milforded.org/mpscommunityresourcepage/home>
where there are a variety of links to community resources.



Milford Public Library Children's Programs

Registration begins June 28 in-person at the library or on [READsquared](#), our online reading tracker

Read-and-Bead

Complete a BINGO activity? Earn a bead! Complete an online mission? Earn another bead!
It's all part of our Read-and-Bead Challenge. It's easy, fun and you'll have a cool necklace
at the end of the summer. Everyone starts out with a necklace, brag tag and a bead, just for
registering online OR in-person at the library.
Get reading and get beading!

Take & Makes

Grab one of our take-home brown bag activity kits, while supplies last. The kits for our young-
est friends will be available weekly, beginning **Mondays June 28, July 5 and July 12 and**
Mondays August 2, 9 and 16.

Join us for Storytime Junior via Zoom and show off your projects.

Visit their website for further information.

<https://www.ci.milford.ct.us/milford-public-library/pages/childrens-services-department>

Choosing an Insect Repellent for Your Child

By: Sophie J. Balk MD, FAAP

Warmer weather means more chances for kids to get outside to play, hike and enjoy the fresh air with family and friends. Warmer weather also means preventing insect bites.

Biting insects such as mosquitoes and biting flies can make children miserable. More worrisome is that bites from some insects can cause serious illnesses.

Beyond the itch: illnesses carried by insects

Insect-transmitted illnesses include Lyme Disease, West Nile Disease, Zika, and others from mosquito and tick bites. And according to the U.S. Centers for Disease Control and Prevention (CDC), insect-borne illnesses are on the rise.

One way to protect your child from biting insects is to use insect repellents. When there's a possibility of getting a serious illness, such as Lyme disease, transmitted by an insect bite, make sure you choose repellent that is effective – meaning that it works well.

Insect repellents approved as safe and effective

DEET

The U.S. Environmental Protection Agency (EPA) regulates and approves insect repellents for their safety and effectiveness. DEET is approved as a safe and effective insect repellent.

The concentration of DEET in a product indicates how long the product will be effective—a higher concentration works for a longer time. For example, 10% DEET provides protection for about 2 hours, and 30% DEET protects for about 5 hours. Concentrations of more than 50% DEET provide no added protection. You can choose the lowest concentration to provide protection for the amount of time spent outside. For example, if you plan to be outside for one hour, you can choose 10% DEET.

DEET-containing repellents should not be harmful if parents follow directions on the label to use the product safely. DEET products can cause skin rashes especially when high concentrations are used, but these reactions are rare.

Picaridin and other repellents

In addition to DEET, picaridin and other products are considered safe and effective by the EPA. You can find information about these by using the [EPA](#) search tool.



You can visit these websites for more detailed information.



<https://www.healthychildren.org/English/safety-prevention/at-play/Pages/Insect-Repellent>
[https:// www.cdc.gov/ncezid/dvbd/about/prevent-bites.html](https://www.cdc.gov/ncezid/dvbd/about/prevent-bites.html)

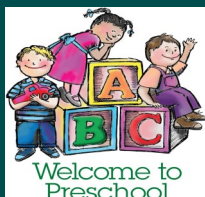
Graduation Day



From,
Infant
Group
to...



Graduation.
And now, on
to Preschool!!



Lifecycle of a Butterfly



From the take home
makings



to a colorful
caterpillar



and then to a
beautiful butterfly!



Graduation Day, Part II



From
Young
Toddler
Group
to...

Graduation.
And now, on to
Preschool!

