

# MILFORD FAMILY RESOURCE CENTER

## The Infant and Toddler Times

JUDY LOBDELL, EDITOR

June 2022

### Dates to Remember

#### June

4th & 5th Duck Race and Pirates Day see page 4

10th. Last day of playgroups

20th. Last day for Milford Public Schools

21st. First day of Summer

#### July

4th. Celebrate Independence Day



5th. Summer Days program begins



The Milford Family Resource Center  
@Pumpkin Delight School  
24 Art Street and  
Calf Pen Meadow School  
395 Welch's Point Rd.  
Milford, CT 06460  
(203)783-3626  
mfrc@milforded.org

Milford Family Resource Center Staff::  
Program Coordinator:  
Elizabeth Gaffney  
Parent Educators:  
Kathy Aspinwall  
Judy Lobdell  
Anne Mundy

## Summer Days 2022



Our summer program is open to Milford families with children ages birth to five. Playgroups will be held Tuesdays and Thursdays with a field trip on Wednesdays. Families can sign up for a Tuesday or Thursday play group and register for a Wednesday fieldtrip on a first come basis. The playgroup runs for 6 weeks starting July 5th and goes from 9:30 -11:00 AM and will include free play, arts and crafts, outdoor activities and a circle time. The location will take place at Pumpkin Delight.

Further information will be available soon..

### Playground Safety Tips

As the weather is getting warmer and there are more families using playgrounds:

1. Make sure surfaces around playground equipment have at least 12 inches of wood chips, mulch, sand, or pea gravel, or are mats made of safety-tested rubber or rubber-like materials.
2. Check that protective surfacing extends at least 6 feet in all directions from play equipment. For swings, be sure surfacing extends, in back and front, twice the height of the suspending bar.
3. Make sure play structures more than 30 inches high are spaced at least 9 feet apart.
4. Check for dangerous hardware, like open "S" hooks or protruding bolt ends.
5. Make sure spaces that could trap children, such as openings in guardrails or between ladder rungs, measure less than 3.5 inches or more than 9 inches.
6. Check for sharp points or edges in equipment.
7. Look out for tripping hazards, like exposed concrete footings, tree stumps, and rocks.
8. Make sure elevated surfaces, like platforms and ramps, have guardrails to prevent falls.
9. Check playgrounds regularly to see that equipment and surfacing are in good condition and, of course, carefully supervise children on playgrounds to make sure they're safe.





Busy designer/builder



Alumni Mom with her son



Alumni Dad with his son



Fun at Circle Time With Friends



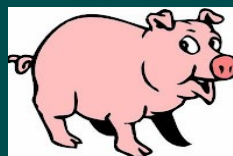
Making friends at Playgroup



Fun at Pumpkin Delight at Our Friday Outdoor Playgroup

The Giggling Pig is now in Milford Ct  
Check out their website at:

<https://www.thegigglingpig.com/milford-walk-ins>







Milford Public Schools  
Parent University  
&



The Community Connection Center of the  
Milford Public Schools  
presents

FAMILY CONCERT  
The Wild, Wild World of Animals

**Tues,  
June 7th**  
6:30pm

Music for the whole family with Liz McNicholl  
**CALF PEN SCHOOL**  
395 Welch's Point Rd, Milford  
Bring a blanket

Please click to [register](#). For The “Wild, Wild ,World of Animals!”

Let’s get grooving and sing and dance to songs about the wild  
animals. An interactive sing along for the whole family!

**Save the Date : June 14th for the Summer Kick Off!**



ADOPT A DUCK!

SUPPORT  
THE MILFORD  
UNITED WAY!

\$5 FOR  
A CHANCE  
TO WIN



TrinityPoint  
WEALTH

SATURDAY, JUNE 4 AT 3:30 PM

[www.milfordduck.race.com](http://www.milfordduck.race.com)

20th Annual  
DOWNTOWN MILFORD

PIRATES  
DAY

SUNDAY, JUNE 5TH





# INFANT FORMULA SHORTAGE:

## TIPS AND SUPPORT FOR CT FAMILIES

The recent infant formula shortage has created an extremely challenging situation for families who rely on formula to feed their children. The Biden-Harris Administration is working with manufacturers to ramp up production; and with retailers to ensure that infant formula is safe and available for families across the country. However, we know that this will take time, and currently many Connecticut families are feeling the stress and pressure of this situation. In an effort to support families, the OEC has compiled resources that may help those struggling to find formulas.

### TIPS FOR FINDING FORMULA:

- Check smaller stores and drug stores.
- Check online distributors and pharmacies (only buy from well-recognized names).
- Search for and join local social media groups dedicated to formula support; members often share tips on where formula is available in your town.
- Call your OB/GYN or pediatrician to see if they have in-office samples or can suggest an alternative.

### ORGANIZATIONS THAT MAY HELP:

- **Locate your nearest Community Action Agency (CAA)** – CAA may be able to provide you with formula or connect you with local agencies that have formula in stock.
- **United Way's 2-1-1** – Dial 2-1-1 to be connected to a community resource specialist who may be able to help you identify food pantries, and other charitable sources of local infant formula and baby food.
- **Feeding America** – Call your local food bank to ask whether they have infant formula and other supplies in stock.
- **Human Milk Banking Association of North America (HMBANA)** – Certain HMBANA-accredited milk banks are distributing donated breast milk to mothers in need; please note that some may require a prescription from a medical professional. Find an **HMBANA-accredited milk bank**.
- **For WIC-eligible families** – Your **local WIC** office may be able to identify or obtain additional sources of infant formula nearby. Check out the **Temporary Formula Substitutions** list which provides substitutes that you may find available in stores. This list is updated regularly.

### IMPORTANT THINGS TO REMEMBER:

- It is never safe to water down formula; it may seem like it would make it last longer, but it is not safe and can be dangerous. Always follow the label instructions or your health care provider's guidance.
- Do not try to make formula at home or use toddler formula to feed infants. If you are in dire need, review guidance by the **American Academy of Pediatrics**.
- Talk to your pediatrician about options of what may be nutritionally similar to your infant's typical formula as you may be able to substitute in a pinch.
- Don't discard formula unless it is expired or part of the recall. Check your formula's **lot code** to see whether or not it was affected by the recall.
- For individuals currently combining breastfeeding and infant formula feeding, you can try to increase milk supply by breastfeeding or pumping more often. The more milk that is removed, the more milk will be produced. Visit **USDA WIC Breastfeeding** for more information.
- For specialty formulas, ask your OB/GYN or infant's pediatrician to submit an urgent product request; Information can be found at **The Abbott's Urgent Product Request**.

We understand this is hard. You are doing the best you can in this challenging time and you are not alone!

For manufacturer hotlines and more information, visit: <https://www.hhs.gov/formula/index.html>

5.18.22



Connecticut





# DIAPERS AVAILABLE TO FAMILIES IN NEED!



## **BABIES AND YOUNG CHILDREN DESERVE TO BE DRY!**

- **Applicants must be residents of Ansonia, Beacon Falls, Bethany, Derby, Orange, Oxford, Seymour, Shelton and Wodbridge.**
- **The child (or children) receiving diapers must be under 4 years of age (expectant mothers are welcome to apply).**
- **Eligibility guidelines apply - please contact the Diaper Bank for more information and an appointment/ application.**

**For more information, please contact  
the Diaper Bank - [mholovach@teaminc.org](mailto:mholovach@teaminc.org)  
203.736.5420 ext. 1205**

