

# MILFORD FAMILY RESOURCE CENTER

## The Early Childhood Times

JUDY LOBDELL, EDITOR

September 2022

### Dates to Remember

#### September

**5th.** Labor Day.  
School closed.

**8th. 2:00 PM** Raising  
Thrivers: Parenting Tips  
& Tools to Help Kids  
Thrive - Author Talk  
with Dr. Michele Borba  
Visit: <https://libraryc.org/miforpubliclibrary/18975>

**11th.** Grandparents  
Day  
Patriots Day

**19th.** MFRC  
playgroups begin

**22nd.** First Day of  
Autumn

**26th.** Rosh Hashanah  
observed

*The Milford Family  
Resource Center  
@Pumpkin Delight  
School  
24 Art Street  
and  
Calf Pen Meadow  
School  
395 Welch's Point Rd.  
Milford, CT 0640  
(203)783-3626  
[mfrf@milforded.org](mailto:mfrf@milforded.org)*

Back to School is upon us, and we are busy getting ready for our fall semester here at the Milford Family Resource Center.

Our playgroups will begin the week of September 19th and are open to all Milford residents. There are still openings for certain days.

This year we will be returning to a fee based playgroup. However, all of our other services remain free of charge, including Home and Center Based Visits and Parent Seminars. The family fee for the Fall semester will be \$125.00. We follow the Milford Public School calendar and the Fall semester will end the week of December 12th. As always, if the fee would present a financial hardship, please let us know.

Playgroup day and time is based on the age of your child. Monday and Friday playgroups will be held at Pumpkin Delight Elementary School and Tuesday, Wednesday, and Thursday playgroups will be held at Calf Pen Elementary School.

|           |               |                         |
|-----------|---------------|-------------------------|
| Monday    | 9:30 - 10:30  | 1 year old              |
| Tuesday   | 9:30 - 10:30  | 1 year old              |
| Tuesday   | 10:45 - 11:45 | Infant                  |
| Wednesday | 9:30 - 10:30  | 2 to 3 year olds (full) |
| Wednesday | 10:45 - 11:45 | 2 to 3 year olds        |
| Thursday  | 9:30 - 10:30  | 2 to 3 year old         |
| Thursday  | 10:45 - 11:45 | 2 to 3 year olds        |
| Friday    | 9:30 - 10:30  | 3 to 4 year olds        |

Please email us at [mfrf@milforded.org](mailto:mfrf@milforded.org) if you have any questions or would like further information



### Funds Are Still Available for Essential Workers

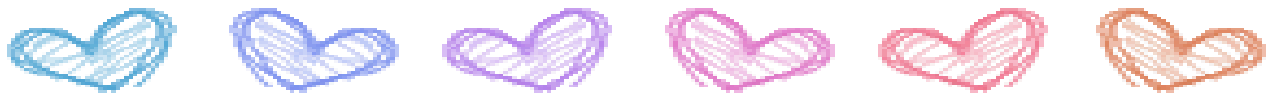
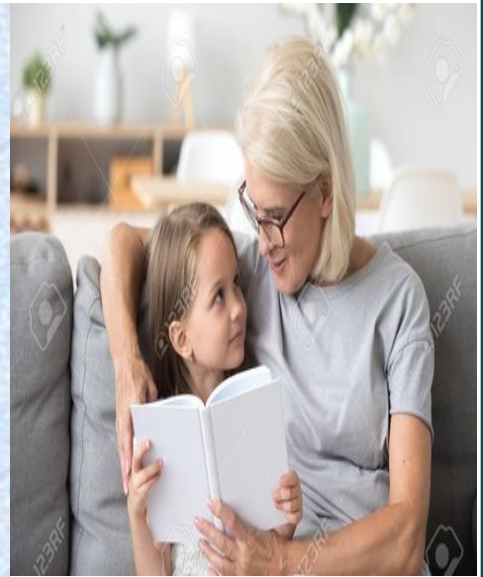
More than six months after the Essential Workers COVID-19 Assistance Program launched — and one month after lawmakers and Gov. Ned Lamont dramatically expanded the potential applicant pool — the state has awarded just \$361,122, or 1.1%, of the \$34 million budget.

For further information you can visit:  
<https://www.council4.org/news/pandemic-pay-update-state-workers>



**Milford Family Resource  
Center Staff:**  
**Program Coordinator:**  
*Elizabeth Gaffney*  
**Parent Educators:**  
*Kathy Aspinwall*  
*Judy Lobdell*

*To be a Grandparent  
is to experience  
the joy of unconditional love.*



## Playdough Recipe



**1. ADD ALL THE DRY INGREDIENTS: FLOUR, CREAM OF TARTAR, AND SALT TO A SAUCEPAN OR A FRYING PAN.**

Add 1 cup of flour, 2 teaspoons cream of tartar, and 1/3 CUP of salt to a pan.

**2. ADD ALL THE WET INGREDIENTS: WATER, VEGETABLE OIL, AND FOOD COLORING.**

Add a few drops of food color to 1 cup of water, then stir into the flour mixture along with 1 Tablespoon vegetable oil.

**3. COOK AND STIR UNTIL YOUR PLAYDOUGH STARTS TO SOLIDIFY.**

Heat your burner to medium/low and stir

**4. KEEP STIRRING.**

Keep stirring your play dough mixture until it becomes solid (any lumps can be worked out later).

**5. REMOVE FROM THE PAN AND COOL.**

Remove your homemade playdough from the pan and put it on a plate to cool.

**6. SQUISH AND KNEAD YOUR DOOUGH TO REMOVE LUMPS**

Once it's cooled, knead the play dough for a minute or two to get out any lumps and to get it to a better consistency.

**And Voila, you have homemade playdough!**

**Be sure to put your creation in a zip lock bag or plastic container to keep it moist.**



The Junior Woman's Club of Milford Presents its...

# ANNUAL TOUCH A TRUCK

## HALLOWEEN THEMED!

### SAVE THE DATE

**Sunday October 16th 10am-1pm**  
@ Eisenhower Park in Milford

Follow us for more details!

(Quiet Time 10am-10:30am)

We are looking for trucks & vehicles of all kinds to be on display while kids Trick or Treat around the field. Please DM or email us if you are interested in participating at [jwcmilford@gmail.com](mailto:jwcmilford@gmail.com)

trucks free candy costumes food trucks raffles vendors

### IT'S APPLE PICKING SEASON

**Go local :** Beardsley's Cider Mill and Orchard  
Route 110 in White Hills  
Shelton, CT 06484 Telephone: (203) 775-9166  
Website: [www.beardsleyscidermill.com](http://www.beardsleyscidermill.com)

Silverman's Farm 451 Sport Hill Road  
Easton, CT 06612 Telephone: (203) 261-3306  
Website: [www.silvermansfarm.com](http://www.silvermansfarm.com)

Bishops Orchards 1355 Boston Post Road  
Guilford, CT 06437 Telephone: (203) 453-2338  
Website: [www.bishopsorchards.com](http://www.bishopsorchards.com)

Or to explore other orchards throughout Connecticut you can visit  
<https://www.orangeippin.com/>



### FAIR SEASON IS HERE!

Aug 19-21 Bridgewater County Fair  
Aug 19-21 Hamburg Fair (Lyme)  
Aug 19-21 Hartford County 4-H Fair  
Aug 20 Milford Oyster Festival  
Aug 25-28 Brooklyn Fair  
Aug 26-28 Chester Fair  
Aug 26-28 Terryville Lions Fair  
Aug 27 Bridgeport Jazz Festival  
Sept 2-5 Haddam Neck Fair  
Sept 2-5 Woodstock Fair  
Sept 3-5 Goshen Fair  
Sept 3-Oct 16 Lebanon Renaissance Fair  
Sept 8-11 Hebron Harvest Fair  
Sept 8-11 North Haven Fair  
Sept 8-11 Wapping Fair  
Sept 9-11 Bethlehem Fair  
Sept 9-11 Norwalk Oyster Festival  
Sept 10-11 Monroe Apple Festival  
Sept 15-18 Berlin Lions Agricultural



Sept 15-18 Four Town Fair  
Sept 16-18 Guilford Fair  
Sept 16-Oct 2 The Big E  
Sept 17 Watertown Fall Festival  
Sept 17-18 Orange Country Fair  
Sept 17-18 Simsbury Arts & Crafts  
Sept 22-25 Durham Fair  
Sept 23-25 Bristol Mum Festival  
Sept 23-25 Wolcott Country Fair  
Sept 24 Latino Fest Willimantic  
Sept 24-25 Bridgeport Sound on Sound  
Sept 30-Oct 2 Harwinton Fair  
Sept 30-Oct 2 Southington Apple Fest  
Oct 1 South Windsor Apple Festival  
Oct 2 Shelton Day  
Oct 7-9 Southington Apple Fest  
Oct 7-9 Portland Fair  
Oct 7-9 Riverton Fair  
Oct 8-9 CT Garlic & Harvest Festival



For further information visit:  
<https://www.nbcconnecticut.com/news/local/connecticut-fairs-and-festivals-in-2022/2827002/>



## Milford Community Connection Center News

### Welcome Back to School!



#### CCC Programs:

**Raising Readers Family Book Club-** Build your Family Library!

**Circle Of Security-** Build a Better Understanding of your Child's Behavior!

#### Community News:

**Food 2 Kids:** Is an organization whose mission is to provide free meals to families of children who attend local schools.

**Sept. 1st** Apply for Heating Assistance- For the TEAM website click [here](#).

**Sept. 15th** Milford Regional Pantry will be hosting another joint food giveaway effort with Kingdom Life Christian Church and Connecticut Foodshare at 1455 Naugatuck Ave, Milford at 3:30 pm until all food is distributed.

To sign up for CCC programs or for more information please contact: Mary-Kate Williams by email: [mwilliams@milforded.org](mailto:mwilliams@milforded.org), or call the office at 203-882-6094

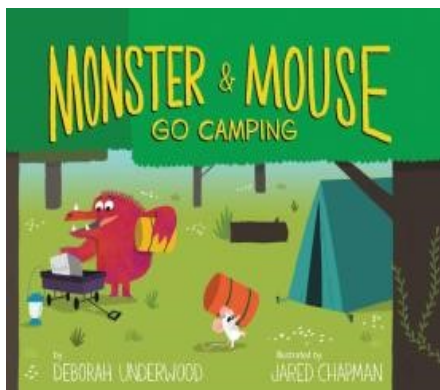
For additional community resources check out the CCC website below.  
<https://sites.google.com/milforded.org/mpscommunityresourcepage/home>



### Milford Public Library's StoryWalk at Eisenhower Park



Check out the book, *“Monster & Mouse Go Camping”* written by Deborah Underwood and illustrated by Jared Chapman.



Enjoy a story, fresh air, and a stroll through the woods.

*Scan the QR code at the end of the trail and let us know how you enjoyed the StoryWalk!*

MPL's StoryWalk was created as the 2019 Eagle Scout project of Marco Buschauer, Troop 1 Milford, in partnership with the Milford Public Library's Children's Department and the Friends of Milford Library.

*The StoryWalk® Project was created by Anne Ferguson of Montpelier, VT and developed in collaboration with the Kellogg-Hubbard Library. StoryWalk® is a registered service mark owned by Ms. Ferguson.*